

UNITED WILLEBROEK SWIMMING CLUB

Saturday 24 August 2024

BK open water swimming (10 and 7.5 km)

Venue: Sport Flanders Watersports Centre "Hazewinkel", Beenhouwerstraat, Heindonk

Programme:

	10:30	Secretariat open		11u00	Collection of swimming caps
	12:00	Safety meeting		12u30	Jury composition
1.	13:00	10.000 m	freestyle	Men's open (From 14y) BK 18- 19y and BK open (Max 3h)	
2.	13:05	10.000 m	freestyle	Ladies open (From 14y) BK 18- 19y and BK open (Max 3h)	
3.	13:15	7.500 m	freestyle	Men (From 14y) BK 16- 17y (Max 2h30)	
4.	13:20	7.500 m	freestyle	Ladies (From 14y) BK 16- 17y (Max 2h30)	
A	14:00	4.000 m	jogging	for experienced swimmers Max. 2h swim ti me (mixed - age 14-99y)	
B	14:10	2.000 m	jogging	for experienced swimmers Max. 2h swim ti me (mixed - age 11-99y)	
C	14:20	1.000 m	jogging	for experienced swimmers Max. 2h swim ti me (mixed - age 11-99y)	
	16:30		award ceremony		

Matches:

New method to register and pay for competitions:

Entries by means of Lenex file. (1 file for the 3 competition sections)

Entries by E-mail to: "Secretariaat.vwz@skynet.be" with "Info@belswim.be" in copy.

you do **NOT** have to pay the start fee in advance anymore. The club will receive an invoice from the KBZB after the competition. A participation in a Belgian Championship competition will cost 17,00 €.

Participation in the race outside the Belgian Championship , 3km breaststroke will cost €8,00.

Attention: Entries valid only after reply from the furnisher.

Contact: Always reachable on this number: [+32 475 47 99 03](tel:+32475479903) (also on the day of the competition).

Deadline for registration: 16 / 08 /

2024Upper deregistration date: 21 / 08 / 2024 .

Prizes: The first 3 will receive a trophy and a memento.

Each competitor who c o m p l e t e s his race in accordance with the rules will receive a souvenir. **Course**

records: The swimmer who sets a course record will receive a €60 premium with a maximum budget of €240 for all course records combined.

Swim jog:

Registration: in advance by e-mail to: "Secretariaat.vwz@skynet.be", but also up to half an hour before the start.

Cost:

8.00 € for swimming jogging A and B 6.00 € for swimming jogging C

To be paid into account number IBAN: BE16 7330 0604 7574 - BIC: BIC KREDBEBB of VWZ. With

notification: Swimming jogging VWZ open water + Name or on site before the start of the race.

Jogging prizes: each participant who completes the jog in regulation will receive a souvenir upon returning their swim cap.

Info and conditions:

www.VWZ.be click through to "open water"

Dogs on a leash are allowed on the premises.