

MQS for paralympic swimmers

groen = niet-Paralympisch, vert = non-Paralympic	Paralympische limieten '24 VK - BK									
	WOMEN					MEN				
	18	en	17	16	15	18	en	17	16	
<b>S1</b>						<b>50m free</b>				<b>S1</b>
<b>S2</b>						<b>50m free</b>				<b>S2</b>
<b>S3</b>						<b>50m free</b>	00:59,17	01:01,02	01:03,13	<b>S3</b>
<b>S4</b>	00:50,17		00:51,64	00:53,42	00:55,47	<b>50m free</b>	00:45,51	00:46,93	00:48,55	<b>S4</b>
<b>S5</b>						<b>50m free</b>	00:37,51	00:38,68	00:40,02	<b>S5</b>
<b>S6</b>	00:40,40		00:41,66	00:43,10	00:44,76	<b>50m free</b>				<b>S6</b>
<b>S7</b>						<b>50m free</b>	00:33,61	00:34,66	00:35,86	<b>S7</b>
<b>S8</b>	00:36,88		00:38,04	00:39,35	00:40,86	<b>50m free</b>				<b>S8</b>
<b>S9</b>						<b>50m free</b>	00:30,37	00:31,31	00:32,40	<b>S9</b>
<b>S10</b>	00:33,07		00:34,10	00:35,28	00:36,63	<b>50m free</b>	00:29,17	00:30,08	00:31,12	<b>S10</b>
<b>S11</b>	00:35,95		00:37,08	00:38,36	00:39,83	<b>50m free</b>	00:30,85	00:31,82	00:32,92	<b>S11</b>
<b>S12</b>						<b>50m free</b>				<b>S12</b>
<b>S13</b>	00:33,03		00:34,06	00:35,24	00:36,60	<b>50m free</b>	00:28,25	00:29,13	00:30,14	<b>S13</b>
<b>S1</b>						<b>100m free</b>				<b>S1</b>
<b>S2</b>						<b>100m free</b>				<b>S2</b>
<b>S3</b>	02:26,19		02:30,77	02:35,97	02:41,97	<b>100m free</b>				<b>S3</b>
<b>S4</b>						<b>100m free</b>	01:40,08	01:43,21	01:46,77	<b>S4</b>
<b>S5</b>	01:40,78		01:43,93	01:47,52	01:51,66	<b>100m free</b>	01:25,89	01:28,58	01:31,64	<b>S5</b>
<b>S6</b>						<b>100m free</b>	01:18,75	01:21,21	01:24,01	<b>S6</b>
<b>S7</b>	01:27,09		01:29,82	01:32,92	01:36,49	<b>100m free</b>				<b>S7</b>
<b>S8</b>						<b>100m free</b>	01:09,86	01:12,04	01:14,53	<b>S8</b>
<b>S9</b>	01:15,13		01:17,48	01:20,15	01:23,24	<b>100m free</b>				<b>S9</b>
<b>S10</b>	01:12,07		01:14,32	01:16,89	01:19,85	<b>100m free</b>	01:03,75	01:05,74	01:08,01	<b>S10</b>
<b>S11</b>	01:21,42		01:23,97	01:26,87	01:30,21	<b>100m free</b>				<b>S11</b>
<b>S12</b>	01:13,30		01:15,59	01:18,20	01:21,21	<b>100m free</b>	01:05,30	01:07,35	01:09,67	<b>S12</b>
<b>S13</b>						<b>100m free</b>				<b>S13</b>



<b>S14</b>					<b>100m free</b>				<b>S14</b>
<b>S1</b>					<b>200m free</b>				<b>S1</b>
<b>S2</b>					<b>200m free</b>	05:13,82	05:23,63	05:34,80	<b>S2</b>
<b>S3</b>					<b>200m free</b>	04:18,92	04:27,01	04:36,23	<b>S3</b>
<b>S4</b>					<b>200m free</b>	03:37,69	03:44,50	03:52,25	<b>S4</b>
<b>S5</b>	03:38,48	03:45,31	03:53,09	04:02,06	<b>200m free</b>	03:19,37	03:25,61	03:32,70	<b>S5</b>
<b>S6</b>					<b>200m free</b>				<b>S6</b>
<b>S7</b>					<b>200m free</b>				<b>S7</b>
<b>S8</b>					<b>200m free</b>				<b>S8</b>
<b>S9</b>					<b>200m free</b>				<b>S9</b>
<b>S10</b>					<b>200m free</b>				<b>S10</b>
<b>S11</b>					<b>200m free</b>				<b>S11</b>
<b>S12</b>					<b>200m free</b>				<b>S12</b>
<b>S13</b>					<b>200m free</b>				<b>S13</b>
<b>S14</b>	02:32,27	02:37,03	02:42,45	02:48,70	<b>200m free</b>	02:16,06	02:20,31	02:25,15	<b>S14</b>
<b>S6</b>	06:34,46	06:46,79	07:00,83	07:17,03	<b>400m free</b>	06:12,37	06:24,01	06:37,27	<b>S6</b>
<b>S7</b>	06:34,44	06:46,77	07:00,81	07:17,01	<b>400m free</b>	05:49,09	06:00,01	06:12,43	<b>S7</b>
<b>S8</b>	06:11,14	06:22,74	06:35,95	06:51,19	<b>400m free</b>	05:21,54	05:31,60	05:43,04	<b>S8</b>
<b>S9</b>	05:40,71	05:51,37	06:03,49	06:17,49	<b>400m free</b>	04:59,94	05:09,32	05:20,00	<b>S9</b>
<b>S10</b>	05:35,86	05:46,36	05:58,31	06:12,11	<b>400m free</b>				<b>S10</b>
<b>S11</b>	06:30,56	06:42,77	06:56,67	07:12,71	<b>400m free</b>	05:26,04	05:36,23	05:47,83	<b>S11</b>
<b>S12</b>					<b>400m free</b>				<b>S12</b>
<b>S13</b>	05:30,96	05:41,31	05:53,09	06:06,68	<b>400m free</b>	05:03,07	05:12,55	05:23,34	<b>S13</b>
<b>S14</b>					<b>400m free</b>				<b>S14</b>
<b>S6</b>					<b>800m free</b>				<b>S6</b>
<b>S7</b>					<b>800m free</b>				<b>S7</b>
<b>S8</b>					<b>800m free</b>				<b>S8</b>
<b>S9</b>					<b>800m free</b>				<b>S9</b>
<b>S10</b>					<b>800m free</b>				<b>S10</b>
<b>S11</b>					<b>800m free</b>				<b>S11</b>
<b>S12</b>					<b>800m free</b>				<b>S12</b>

<b>S13</b>					<b>800m free</b>				<b>S13</b>
<b>S14</b>					<b>800m free</b>				<b>S14</b>
<b>S6</b>					<b>1500m free</b>				<b>S6</b>
<b>S7</b>					<b>1500m free</b>				<b>S7</b>
<b>S8</b>					<b>1500m free</b>				<b>S8</b>
<b>S9</b>					<b>1500m free</b>				<b>S9</b>
<b>S10</b>					<b>1500m free</b>				<b>S10</b>
<b>S11</b>					<b>1500m free</b>				<b>S11</b>
<b>S12</b>					<b>1500m free</b>				<b>S12</b>
<b>S13</b>					<b>1500m free</b>				<b>S13</b>
<b>S14</b>					<b>1500m free</b>				<b>S14</b>
<b>SB1</b>					<b>50m breast</b>				<b>SB1</b>
<b>SB2</b>					<b>50m breast</b>	01:18,96	01:21,43	01:24,24	<b>SB2</b>
<b>SB3</b>	01:10,55	01:12,76	01:15,27	01:18,17	<b>50m breast</b>	00:59,00	01:00,84	01:02,94	<b>SB3</b>
<b>SB4</b>					<b>50m breast</b>				<b>SB4</b>
<b>SB5</b>					<b>50m breast</b>				<b>SB5</b>
<b>SB6</b>					<b>50m breast</b>				<b>SB6</b>
<b>SB7</b>					<b>50m breast</b>				<b>SB7</b>
<b>SB8</b>					<b>50m breast</b>				<b>SB8</b>
<b>SB9</b>					<b>50m breast</b>				<b>SB9</b>
<b>SB11</b>					<b>50m breast</b>				<b>SB11</b>
<b>SB12</b>					<b>50m breast</b>				<b>SB12</b>
<b>SB13</b>					<b>50m breast</b>				<b>SB13</b>
<b>SB1</b>					<b>100m breast</b>				<b>SB1</b>
<b>SB2</b>					<b>100m breast</b>				<b>SB2</b>
<b>SB3</b>					<b>100m breast</b>				<b>SB3</b>
<b>SB4</b>	02:23,58	02:28,06	02:33,17	02:39,07	<b>100m breast</b>	02:00,69	02:04,47	02:08,76	<b>SB4</b>
<b>SB5</b>	02:14,82	02:19,04	02:23,84	02:29,37	<b>100m breast</b>	01:54,69	01:58,27	02:02,36	<b>SB5</b>
<b>SB6</b>	01:57,87	02:01,55	02:05,75	02:10,59	<b>100m breast</b>	01:40,40	01:43,54	01:47,11	<b>SB6</b>
<b>SB7</b>	01:56,31	01:59,94	02:04,08	02:08,86	<b>100m breast</b>				<b>SB7</b>
<b>SB8</b>	01:40,87	01:44,03	01:47,62	01:51,76	<b>100m breast</b>	01:24,23	01:26,86	01:29,86	<b>SB8</b>

<b>SB9</b>	01:30,78	01:33,62	01:36,85	01:40,58	<b>100m breast</b>	01:21,41	01:23,96	01:26,86	<b>SB9</b>
<b>SB11</b>	01:47,41	01:50,77	01:54,60	01:59,01	<b>100m breast</b>	01:28,98	01:31,76	01:34,93	<b>SB11</b>
<b>SB12</b>	01:36,50	01:39,51	01:42,95	01:46,91	<b>100m breast</b>				<b>SB12</b>
<b>SB13</b>	01:33,96	01:36,90	01:40,24	01:44,10	<b>100m breast</b>	01:19,80	01:22,29	01:25,13	<b>SB13</b>
<b>SB14</b>	01:31,52	01:34,38	01:37,63	01:41,39	<b>100m breast</b>	01:19,42	01:21,91	01:24,73	<b>SB14</b>
<b>SB4</b>					<b>200m breast</b>				<b>SB4</b>
<b>SB5</b>					<b>200m breast</b>				<b>SB5</b>
<b>SB6</b>					<b>200m breast</b>				<b>SB6</b>
<b>SB7</b>					<b>200m breast</b>				<b>SB7</b>
<b>SB8</b>					<b>200m breast</b>				<b>SB8</b>
<b>SB9</b>					<b>200m breast</b>				<b>SB9</b>
<b>SB11</b>					<b>200m breast</b>				<b>SB11</b>
<b>SB12</b>					<b>200m breast</b>				<b>SB12</b>
<b>SB13</b>					<b>200m breast</b>				<b>SB13</b>
<b>SB14</b>					<b>200m breast</b>				<b>SB14</b>
<b>S1</b>					<b>50m back</b>	01:56,91	02:00,57	02:04,73	<b>S1</b>
<b>S2</b>	01:46,24	01:49,56	01:53,34	01:57,70	<b>50m back</b>	01:09,27	01:11,44	01:13,91	<b>S2</b>
<b>S3</b>	01:18,93	01:21,40	01:24,21	01:27,45	<b>50m back</b>	00:57,69	00:59,50	01:01,55	<b>S3</b>
<b>S4</b>	01:01,53	01:03,46	01:05,65	01:08,18	<b>50m back</b>	00:53,00	00:54,66	00:56,55	<b>S4</b>
<b>S5</b>	00:51,34	00:52,94	00:54,77	00:56,88	<b>50m back</b>	00:42,77	00:44,11	00:45,63	<b>S5</b>
<b>S6</b>					<b>50m back</b>				<b>S6</b>
<b>S7</b>					<b>50m back</b>				<b>S7</b>
<b>S8</b>					<b>50m back</b>				<b>S8</b>
<b>S9</b>					<b>50m back</b>				<b>S9</b>
<b>S10</b>					<b>50m back</b>				<b>S10</b>
<b>S11</b>					<b>50m back</b>				<b>S11</b>
<b>S12</b>					<b>50m back</b>				<b>S12</b>
<b>S13</b>					<b>50m back</b>				<b>S13</b>
<b>S1</b>					<b>100m back</b>	04:11,56	04:19,43	04:28,38	<b>S1</b>
<b>S2</b>	03:52,31	03:59,57	04:07,84	04:17,38	<b>100m back</b>	02:33,99	02:38,81	02:44,29	<b>S2</b>
<b>S3</b>					<b>100m back</b>				<b>S3</b>

<b>S4</b>					<b>100m back</b>				<b>S4</b>
<b>S5</b>					<b>100m back</b>				<b>S5</b>
<b>S6</b>	01:39,92	01:43,04	01:46,60	01:50,70	<b>100m back</b>	01:32,96	01:35,87	01:39,17	<b>S6</b>
<b>S7</b>					<b>100m back</b>	01:25,39	01:28,06	01:31,10	<b>S7</b>
<b>S8</b>	01:37,88	01:40,94	01:44,43	01:48,45	<b>100m back</b>	01:20,51	01:23,02	01:25,89	<b>S8</b>
<b>S9</b>	01:24,94	01:27,60	01:30,62	01:34,11	<b>100m back</b>	01:15,48	01:17,84	01:20,52	<b>S9</b>
<b>S10</b>	01:23,43	01:26,04	01:29,00	01:32,43	<b>100m back</b>	01:12,81	01:15,09	01:17,68	<b>S10</b>
<b>S11</b>	01:32,64	01:35,54	01:38,84	01:42,64	<b>100m back</b>	01:21,93	01:24,49	01:27,40	<b>S11</b>
<b>S12</b>	01:28,15	01:30,91	01:34,05	01:37,67	<b>100m back</b>	01:16,34	01:18,73	01:21,44	<b>S12</b>
<b>S13</b>	01:24,03	01:26,66	01:29,65	01:33,10	<b>100m back</b>	01:11,19	01:13,42	01:15,95	<b>S13</b>
<b>S14</b>	01:21,66	01:24,21	01:27,12	01:30,47	<b>100m back</b>	01:11,72	01:13,96	01:16,51	<b>S14</b>
<b>S6</b>					<b>200m back</b>				<b>S6</b>
<b>S7</b>					<b>200m back</b>				<b>S7</b>
<b>S8</b>					<b>200m back</b>				<b>S8</b>
<b>S9</b>					<b>200m back</b>				<b>S9</b>
<b>S10</b>					<b>200m back</b>				<b>S10</b>
<b>S11</b>					<b>200m back</b>				<b>S11</b>
<b>S12</b>					<b>200m back</b>				<b>S12</b>
<b>S13</b>					<b>200m back</b>				<b>S13</b>
<b>S14</b>					<b>200m back</b>				<b>S14</b>
<b>S1</b>					<b>50m butter</b>				<b>S1</b>
<b>S2</b>					<b>50m butter</b>				<b>S2</b>
<b>S3</b>					<b>50m butter</b>				<b>S3</b>
<b>S4</b>					<b>50m butter</b>				<b>S4</b>
<b>S5</b>	00:54,50	00:56,21	00:58,15	01:00,39	<b>50m butter</b>	00:40,79	00:42,07	00:43,52	<b>S5</b>
<b>S6</b>	00:43,74	00:45,11	00:46,66	00:48,46	<b>50m butter</b>	00:37,84	00:39,02	00:40,37	<b>S6</b>
<b>S7</b>	00:43,03	00:44,37	00:45,91	00:47,67	<b>50m butter</b>	00:35,52	00:36,63	00:37,90	<b>S7</b>
<b>S8</b>					<b>50m butter</b>				<b>S8</b>
<b>S9</b>					<b>50m butter</b>				<b>S9</b>
<b>S10</b>					<b>50m butter</b>				<b>S10</b>
<b>S11</b>					<b>50m butter</b>				<b>S11</b>

<b>S12</b>					<b>50m butter</b>				<b>S12</b>
<b>S13</b>					<b>50m butter</b>				<b>S13</b>
<b>S5</b>					<b>100m butter</b>				<b>S5</b>
<b>S6</b>					<b>100m butter</b>				<b>S6</b>
<b>S7</b>					<b>100m butter</b>				<b>S7</b>
<b>S8</b>	01:31,96	01:34,83	01:38,11	01:41,88	<b>100m butter</b>	01:15,81	01:18,19	01:20,88	<b>S8</b>
<b>S9</b>	01:20,10	01:22,60	01:25,45	01:28,74	<b>100m butter</b>	01:11,45	01:13,68	01:16,23	<b>S9</b>
<b>S10</b>	01:20,31	01:22,82	01:25,68	01:28,97	<b>100m butter</b>	01:08,28	01:10,42	01:12,85	<b>S10</b>
<b>S11</b>					<b>100m butter</b>	01:16,56	01:18,95	01:21,68	<b>S11</b>
<b>S12</b>					<b>100m butter</b>	01:11,17	01:13,40	01:15,93	<b>S12</b>
<b>S13</b>	01:20,54	01:23,06	01:25,92	01:29,93	<b>100m butter</b>	01:07,07	01:09,17	01:11,56	<b>S13</b>
<b>S14</b>	01:17,92	01:20,36	01:23,13	01:26,33	<b>100m butter</b>	01:06,53	01:08,61	01:10,97	<b>S14</b>
<b>S8</b>					<b>200m butter</b>				<b>S8</b>
<b>S9</b>					<b>200m butter</b>				<b>S9</b>
<b>S10</b>					<b>200m butter</b>				<b>S10</b>
<b>S11</b>					<b>200m butter</b>				<b>S11</b>
<b>S12</b>					<b>200m butter</b>				<b>S12</b>
<b>S13</b>					<b>200m butter</b>				<b>S13</b>
<b>S14</b>					<b>200m butter</b>				<b>S14</b>
<b>SM3</b>					<b>200m medley</b>				<b>SM3</b>
<b>SM4</b>					<b>200m medley</b>				<b>SM4</b>
<b>SM5</b>	04:17,61	04:25,67	04:34,84	04:45,42	<b>200m medley</b>				<b>SM5</b>
<b>SM6</b>	03:49,84	03:57,03	04:05,21	04:14,65	<b>200m medley</b>	03:15,31	03:21,42	03:28,37	<b>SM6</b>
<b>SM7</b>	03:41,79	03:48,72	03:56,62	04:05,73	<b>200m medley</b>	03:13,67	03:19,72	03:26,62	<b>SM7</b>
<b>SM8</b>	03:20,38	03:26,65	03:33,78	03:42,01	<b>200m medley</b>	02:56,89	03:02,42	03:08,71	<b>SM8</b>
<b>SM9</b>	03:04,82	03:10,60	03:17,18	03:24,77	<b>200m medley</b>	02:44,41	02:49,55	02:55,40	<b>SM9</b>
<b>SM10</b>	03:01,40	03:07,07	03:13,53	03:20,98	<b>200m medley</b>	02:40,27	02:45,28	02:50,98	<b>SM10</b>
<b>SM11</b>	03:24,36	03:30,75	03:38,03	03:46,42	<b>200m medley</b>	02:57,83	03:03,39	03:09,72	<b>SM11</b>
<b>SM12</b>					<b>200m medley</b>				<b>SM12</b>
<b>SM13</b>	03:01,17	03:06,83	03:13,28	03:20,72	<b>200m medley</b>	02:35,46	02:40,32	02:45,85	<b>SM13</b>
<b>SM14</b>	02:54,59	03:00,05	03:06,27	03:13,44	<b>200m medley</b>	02:33,84	02:38,65	02:44,13	<b>SM14</b>

<b>SM8</b>				<b>400m medley</b>				<b>SM8</b>
<b>SM9</b>				<b>400m medley</b>				<b>SM9</b>
<b>SM10</b>				<b>400m medley</b>				<b>SM10</b>
<b>SM11</b>				<b>400m medley</b>				<b>SM11</b>
<b>SM12</b>				<b>400m medley</b>				<b>SM12</b>
<b>SM13</b>				<b>400m medley</b>				<b>SM13</b>
<b>SM14</b>				<b>400m medley</b>				<b>SM14</b>

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